



HEALTH TRACKING AND MONITORING SYSTEM

- User manual -

References:

INTERNAL USER: doctor working into the hotspot. Registration and login to the system is required He can generate a new patient record on the system and update it. He can also save the health record on the system (PC) and into the USB device.

EXTERNAL USER: doctor working outside the hotspot. He can download the software with a previous registration and login - He can then read the health record stored into the USB device and update it with new the medical data.

 <p>Common Approach for REFugees and other migrants' health</p>	HEALTH TRACKING AND MONITORING SYSTEM	Rev. 03	N°01 – 13/01/2017 Pag. 1
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The project "717317/CARE" has received funding from the European Union's Health Programme (2014-2020)

Icons:



WARNING: cases which may provoke damages to the system or data



NOTE: suggestions on how to use additional information



Please read this manual before using the USB device to ensure safe and proper use.

Care Consortium is not responsible for any performance or incompatibility problems caused by registry setting modifications or OS modifications. The attempt to modify the OS may cause malfunctioning of the USB device or of the apps.

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1 General Overview

The project “CARE – Common Approach for REfugees and other migrants’ health”, which has received funding from the European Union’s Health Programme (2014-2020), aims to promote a better understanding of refugees and migrants’ health condition as well as to support the adaptation of the appropriate clinical attitude towards refugees and migrants’ health needs and in particular towards the health needs of fragile subgroups, such as minors, pregnant women and victims of violence.

Participating countries are those at the moment facing the greatest burden of the migration crisis. In fact, they are either in the middle of the Mediterranean sea (Italy, Greece, Malta) or on the Balcanian route of refugees/migrants, and their policy and actions have clearly the highest impact also on neighboring Countries, depending on the actual ability to take care of the arrivals or at least to reduce and manage such an impact.

The CARE project was designed and is implemented in close cooperation with the national and local authorities of the involved Countries and is also coordinated with the ongoing activities for the migrant population, where already existing, in order to complement them and to introduce added values of EU cooperation, increased use of multidisciplinary approaches and improvements in the monitoring of activities and potential health risks.

Upon completion of the project, more appropriate health care deliveries, increased control of infectious disease risk in the early phase of migrant’s care and better taking care of migrants’ health over the European territory will have been obtained.

The tracking and monitoring system

Migration is associated with mobility and movement, and migrants and refugees receive healthcare services during their journeys from a variety of countries and healthcare systems. However, their medical history, preventive and curative treatment or counselling received, are not always documented, due to the lack of a proper documentation record where health data can be stored and integrated in a follow up examination.

The CARE project provides the development of an integrated electronic system for tracking and monitoring the health status of migrants and refugees. This system encompasses a portable device to be delivered to migrants and refugees, containing their personal medical history, as well as information on any treatment provided. Moreover, a dedicated software enables healthcare professionals to access the migrants’ / refugees’ personal health record and integrate it in a follow up examination. Data are also provided to be stored in the local database of the hotspot / migrants’ / refugees’ center, where the digital device was first delivered.

Monitoring and being able to track migrants and refugees health status is expected to promote continuity of care, establishing mechanisms of cooperation between countries of origin, transit and destination. This can guarantee appropriate and targeted health assistance and health promotion for migrants/refugees, as well as for the local population. Furthermore, effective health status monitoring can also lead to avoiding any duplications in health treatment and related costs for the healthcare systems.

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2 Description of the system

The HEALTH TRACKING AND MONITORING SYSTEM is composed by:

- 1) the electronic personal health record (EPHR) registered in a USB device the migrant receive at the hotspot ¹.
- 2) the CARE stand-alone software (requires Windows OS and .NET vers. 4.5 framework).

The software allows doctors to:

- *create* an electronic personal health record for each migrant receiving health assistance;
- *manage* and *update* the data registered in the EPHR;
- *save* data in file type .pdf and in file type .csv
- *transfer* the migrant health data into the USB device, using encryption according to the privacy rules;
- *enquiry* the local DB for epidemiological purpose;



The system foresees the use of USB devices, to collect the EPHR for each patient, appropriately encrypted. The minimum characteristics required for USB device are version 2.0 or 3.0, with a storage capacity of at least 4 Gb.

¹ List of hotspots: Lampedusa and Trapani (Sicily - Italy), Koss and Leros (Greece)

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3 Registration procedures

The external users have to register themselves on <http://care.inmp.it/care/index.php/registrazione> just to request the link to download the CARE software and the personal account to use it.

Each licensed physician will be provided, along with download the tool, even with the ID and password to login.

REGISTRATION FORM FOR HEALTH TRACKING AND MONITORING SYSTEM

The (*) fields are required

(*) Last name

(*) First name

(*) Type of doctor GP Hospital Doctor NGO/Private doctor Other

Medical specialty

(*) Country
--- Select ---

(*) E-mail

(*) Confirm E-mail

(*) I have read and agree to the Privacy Policy

I'm not a robot

Save

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4 Functioning of the system

After downloaded the zip file CARE.zip, extract it on a personal computer based on Microsoft Windows OS with .NET framework vers. 4.5. Open it and double click on CARE .exe file to start.

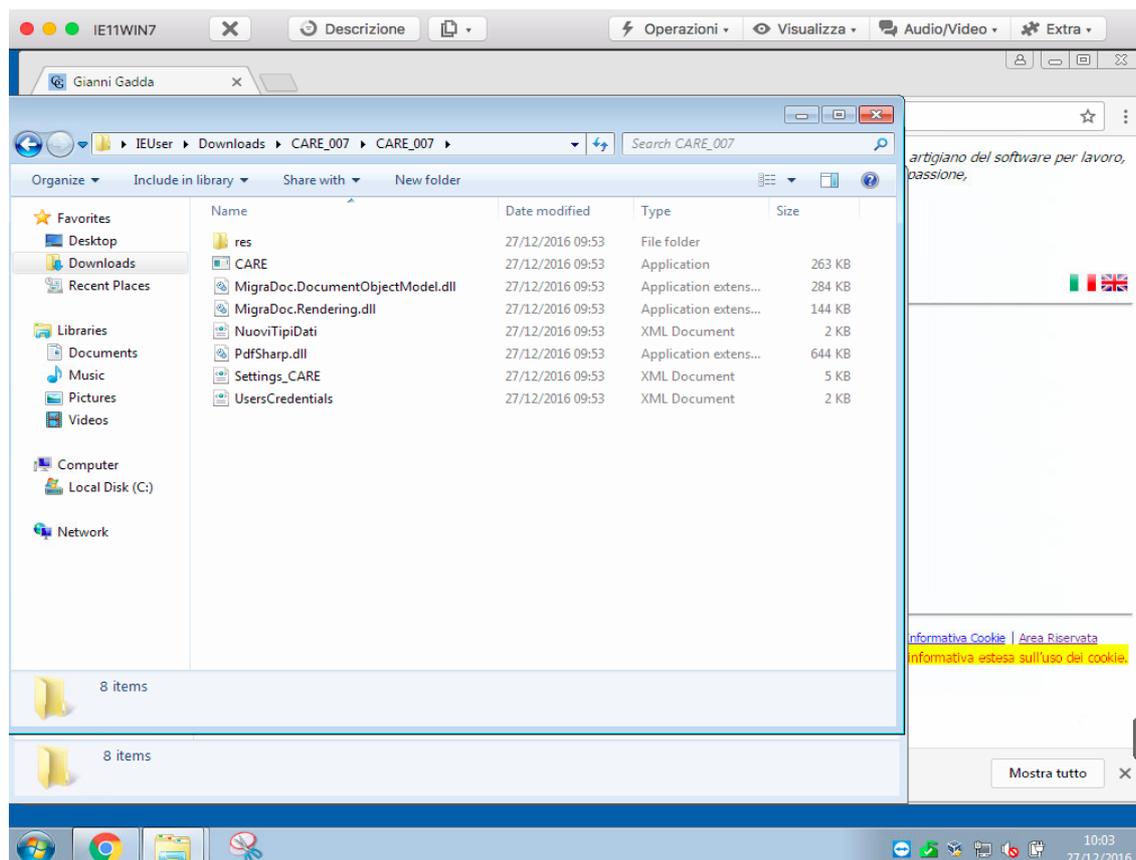


Figure 1 Compressed file CARE.zip



It could happen that the ANTIVIRUS present in the PC does not allow you to download and / or install the application, blocking it. It is enough to disable temporarily the ANTIVIRUS used, and proceed to the installation of the application, following the usual wizard.

Some examples: using AVIRA antivirus, it is sufficient to confirm permission to download and / or install the application once and for all; using AVAST, you can add a file or folder to the exceptions, by accessing the antivirus main screen (double click on its icon in the system tray); go to the Settings tab, and select Global Exclusions from the left sidebar. Then click the Search button to select the files to be excluded from scanning (or the folder that houses it) and save the settings by clicking the **OK** button.



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When you start to use CARE software, login is required. (Figure 2), using the ID and password received by the administrator.

Health Tracking and Monitoring System Exit

interoperating with **i+H**
IT health

Accesses management

This product is part of the project N. 717317/CARE, which has received funding from the European Union's Health

User Password

Show the Password

OK CANCEL

Figure 2 Login form

After the login, on the screen are displayed the user personal data and the operations he is allowed to perform on the base of his own role (internal/external user).



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Health Tracking and Monitoring System
Exit

CARE
Common Approach for REFugees
and other migrants' health

interoperating with

i+H
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Authenticated User

First Name: administrator first name

Family Name: administrator family name

Place: administrator place

Patient Management

New Patient

Users Credentials Management

Figure 3 – Home page for INTERNAL USER

Health Tracking and Monitoring System
Exit

CARE
Common Approach for REFugees
and other migrants' health

interoperating with

i+H
IT health

Accesses management

This product is part of the project N. 717317/CARE, which has received funding from the European Union's Health Program 2014 - 2020.

Authenticated User

First Name: demo first name

Family Name: demo family name

Place: demo place

Refugees Management

Figure 4 – Home page for EXTERNAL USER

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4.1 How to insert a new patient into the system (for the internal users only)

Click on "new patient" command and fill in the information required. Then click on the button "OK".

The screenshot shows the 'Health Tracking and Monitoring System' interface. At the top, there is a blue header with the system name and an 'Exit' button. Below the header, the CARE logo and the text 'Common Approach for REFugees and other migrants' health' are displayed. To the right, there is a logo for 'i+H IT health' with the text 'interoperating with'. Below this, a blue bar contains the text 'Accesses management'. The main content area shows a message: 'This product is part of the project N. 717317/CARE, which has received funding from the European Union's Health Program 2014 - 2020.' Below the message is a 'New Patient' form with the following fields:

- Personal Data**
 - First Name: Lorem
 - Family Name: Ipsum
 - Country of birth: Cameroon
 - Date of birth: 12/01/2017

At the bottom of the form, there are buttons for 'Ok', 'on PC' (checked), and 'Cancel'.

4.2 Patient Management

Go to the command "Patient management" and click on it. On the left you will see the list of all patients registered. Choose one patient and click on it. At the right side of the screen you will see all the health records related to that patient. To read one health record, click the command "open record"; to insert new data (ie: after a new clinical examination) click the command "new record"; to save all health records into the USB device, click the command "copy from PC to USB device".

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Health Tracking and Monitoring System  [Exit](#)



The screenshot shows the 'Patient Management' section of the CARE system. It includes a 'Health Records selection from' dropdown menu with options for 'USB Device' and 'PC'. Below this are two tables: 'Refugees List' and 'Health Records List'. The 'Refugees List' table has columns for 'Family and First Name', 'Country of birth', and 'Date of birth'. The 'Health Records List' table has columns for 'Date and Time', 'Place', and 'Physician'. A 'Fit lists columns' checkbox is visible below the tables. At the bottom, there are several action buttons: 'New Record', 'Open Record', 'Copy from PC to USB Device', 'Export Single CSV', 'Export All CSV', and 'Cancel'.

Family and First Name	Country of birth	Date of birth
Rossi Mario	Mali	10/01/1980
Rossi Mario	Mali	10/01/1980

Date and Time	Place	Physician
27/12/2016 15:02:48	administrator place	administrator family name
27/12/2016 15:06:43	administrator place	administrator family name
27/12/2016 15:08:22	administrator place	administrator family name

If only the personal data (see page ...) section has been filled out, it is however possible to complete the health record later on; if more patients records are present, the last file will open automatically at the access. When saving the health record, the system will mark time, date and name of the doctor who inserted the data.

4.3 Use of the USB device

To open the health record of the USB device, the doctor needs connect the device to a PC and register and login on the system.

With the login, the system allows the doctor to download the software.

The doctor has to click on the command "Patient management" to access the information. Health records will be then browsable and updateable.



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All previous data are marked with date and time of the examination as well as with the name of the previous doctor.

Patient Management

Health Records selection from _____
 USB Device Refresh
 PC

Refugees List

Family and First Name	Country of birth	Date of birth
Rossi Mario	Syria	25/03/1986

Health Records List

Date and Time	Place	Physician
09/01/2017 13:29:57	Lampedusa	Andrissi Laura
09/01/2017 13:35:34	administrator place	administrator family name
09/01/2017 17:05:01	Lampedusa	Andrissi Laura
10/01/2017 11:57:01	Lampedusa	Andrissi Laura
12/01/2017 12:49:18	INMP-ROMA	Diodati Alessandra

Fit lists columns

New Record

Open Record

Copy from USB Device to PC

Cancel

To read one health record, click the command “open record”; to insert new data click the command “new record”; to save all health records into the USB device, click the command “copy from PC to USB device”.



WARNING: do not register a new patient into a USB device already containing other patient data, as the file will not be showed by the system

5 Health Record description

The system allows to feed the health record with patient’s data. The health record is organized by sections, according to a logical clinical examination process and can be completed according to the necessity in different steps.

The record is surfable by using the bar at the top of the screen.

Data gathered are either quantitative and qualitative. In case of YES/NO answer, by choosing YES a note field opens. In case of quantitative fields, a warning mechanism makes the doctor aware of possible attention to be paid. There is an interactive session allowing to draw on a human body picture to describe lesions or injury areas, as well as to insert images and documents.

By clicking on a field name, the historical insertions will appear.

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Finally, every patient is asked to release his informed consent to the personal data treatment.

5.1 PD – PERSONAL DATA

In this section doctors are required to insert personal data of patient and information on the migratory trail ; it is possible to insert photo of the migrant; the ID refer to the identification system used into the hotspot.

Health Tracking and Monitoring System - New form

PD | IVS | STGOS | CE | VTB | MH | AN/DP | PS | PPS | CDCR | ISOL | IC

Personal Data

Photo

First Name
Antonio

Family Name
Pola

ID
056754

Country of Birth
Italy

Countries visited in the last 30 days
Select an item Add
Iran Remove
Iraq

Available PDF files



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Health Tracking and Monitoring System - New form Exit

PD | **IVS** | STGOS | CE | VTB | MH | AN/DP | PS | PPS | CDCR | ISOL | IC

Age
27

Date of birth
14/07/1989 x

Accompanied minor
Accompanied minor **Unaccompanied minor**

Sex
M | F

Marital Status
married | separated | single

Notes
Maria Nobile

Interpretation/Mediation Used
YES | NO

Height (cm)
175

Weight (Kg)
88

Available PDF files ▶

5.2 IVS – INJURES/VITAL SIGNS

In this section vital signs and information based on physical examination are registered.

Health Tracking and Monitoring System - New form Exit

PD | **IVS** | STGOS | CE | VTB | MH | AN/DP | PS | PPS | CDCR | ISOL | IC

Injuries

Open Injuries/Cutaneous Manifestations TAB

Vital Signs

Systolic Blood Pressure
125

Dyastolic Blood Pressure
88

Heart Rate
95

Oxygen Saturation (%)
92

Body Temperature (°C)
36 x

Selecting “Open Injuries/Cutaneous Manifestations TAB you are able to drawing injuries and cutaneous manifestations and to upload photos.

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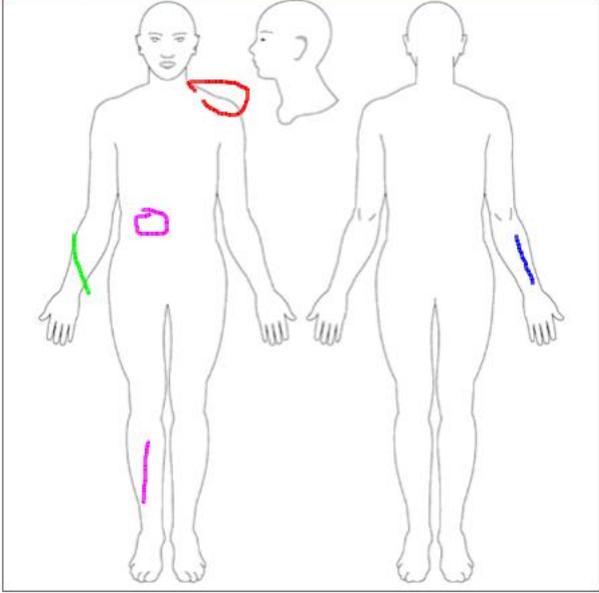
As far as lesions and injuries table is concerned, between **Save** and **Cancel** buttons there is **Previous data** button, which opens the historical table list with related images.



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Previous Injuries Tables and Photos

Injuries Tables	Photo
09/01/2017 13:35:34	09/01/2017 17:05:01 - Photo 1
09/01/2017 17:05:01	10/01/2017 11:57:01 - Photo 1
10/01/2017 11:57:01	12/01/2017 12:49:18 - Photo 1
12/01/2017 12:49:18	12/01/2017 12:49:18 - Photo 2
13/01/2017 17:50:01	13/01/2017 17:50:01 - Photo 1
	13/01/2017 17:50:01 - Photo 2
	13/01/2017 17:50:01 - Photo 3
	13/01/2017 17:50:01 - Photo 4



Cancel



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5.3 STGOS – SKIN/TRAUMA/OBSTETRICS/SURGERY

In this section data on skin injuries and trauma are registered; if injuries are present, the doctor will have to mark YES and describe the injuries in the note field. Other fields are dedicated to Obstetrics and to previous surgery interventions.

Health Tracking and Monitoring System - New form  [Exit](#)

PD | IVS | **STGOS** | CE | VTB | MH | AN/DP | PS | PPS | CDCR | ISOL | IC

Skin

Description of Injuries
 Yes No

Trauma

Description of Trauma
 Yes No

Notes

Obstetrics

Pregnancy
 Yes No

Last Menstruation

Gestational Week

Surgery

Surgical Intervention
 Yes No



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5.4 CE – Clinical Examination

The following sections will guide the doctor throughout a complete anamnesis and medical examination by anatomical apparatus.

Health Tracking and Monitoring System - New form  Exit

PD | IVS | STGOS | **CE** | VTB | MH | AN/DP | PS | PPS | CDCR | ISOL | IC

Clinical Examination

Respiratory System
 Yes No

Notes

Digestive System
 Yes No

Cardiovascular System
 Yes No

Notes

Nervous System and Sense Organs
 Yes No

Osteoarticular System
 Yes No

Notes



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5.5 VTB – VACCINATION AND TB

In this section the doctor can register information on vaccination status of the patient and the result of clinical questionnaire on TB symptoms.

Health Tracking and Monitoring System - New form  [Exit](#)

PD | IVS | STGOS | CE | **VTB** | MH | AN/DP | PS | PPS | CDCR | ISOL | IC

Vaccination

Previous Vaccination
 Add
 Remove

TB

YES NO

Family member or close contact with an infectious TB
YES NO

Coughing. Specify if protracted coughing over two weeks
YES NO

Recurrent Fever
YES NO



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5.6 MH – Malaria/HIV/HBV/HCV

In this section the doctor can describe the anamnesis for malaria, HIV, HBV and HCV.

Health Tracking and Monitoring System - New form  Exit

PD | IVS | STGOS | CE | VTB | **MH** | AN/DP | PS | PPS | CDCR | ISOL | IC

Malaria

Malaria
 YES NO

Notes
Lorem Ipsum

HIV/HBV/HCV

Have you had sex at risk in the last 6 months
 YES NO

HIV
 YES NO

HBV
 YES NO

HCV
 YES NO

Notes
Lorem Ipsum x



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5.7 AN/DP – Anamnestic Notes/Tentative Diagnosis

In this section the doctor is asked to register all relevant anamnestic information and formulate a tentative diagnosis. The doctor has to be aware that this field is mandatory in order to successfully close the patient's health record.

Health Tracking and Monitoring System - New form

PD | IVS | STGOS | CE | VTB | MH | **AN/DP** | PS | PPS | CDCR | ISOL | IC

Anamnestic Notes

Anamnestic Notes

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Tentative Diagnosis

Relevant Clinical Condition

YES NO

According to ICD9

001-139 Infectious And Parasitic Diseases | 001-009 Intestinal Infectious Diseases

In the system the ICD9 classification is listed for classes and subclasses only.



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5.8 PS – Pediatric Section

This section allows the doctor to register data of the clinical examination of the minor as well as the result of the age assessment.

Health Tracking and Monitoring System - New form  Exit

PD | IVS | STGOS | CE | VTB | MH | AN/DP | **PS** | PPS | CDCR | ISOL | IC |

Pediatric Section

Height (cm) _____

Weight (Kg) _____

Height (Percentile) _____

Weight (Percentile) _____

BMI _____

Cranical Circumference (cm) _____

Wrist (Xray) _____

Male Puberty (Tanner Stage)

Puberche (I-V)

Select an item



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5.9 PPS - Psychology/Psychiatry Section

This section is devoted to psychological/psychiatric description of the patient.

Health Tracking and Monitoring System - New form  Exit

PD | IVS | STGOS | CE | VTB | MH | AN/DP | PS | **PPS** | CDCR | ISOL | IC

Psychology/Psychiatry Section

MMSE (Mini Mental State Evaluation)
 YES NO

Post Traumatic Stress Disorder
 YES NO

Notes
Lorem Ipsum

Mental State Evaluation

Education YES NO Education Level

Socio-Economics Status

Familiarity

Behavior

General Appearance



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5.10 CDCR - Clinical Diary/Clinical Recommendation

In this section it is possible to take note of performed clinical follow-ups as well as recommend further examinations and/or treatments.

Health Tracking and Monitoring System - New form  [Exit](#)

PD | IVS | STGOS | CE | VTB | MH | AN/DP | PS | PPS | **CDCR** | ISOL | IC

Clinical Diary

Clinical Diary
Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Clinical Racommendation

Further Examination/treatment required
Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Note
Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut



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5.11 ISOL - Isolation

This section is dedicated to the management of patients affected by diseases requiring isolation measures. It is possible to register a request of isolation, the treatment prescribed and the final outcome.

Health Tracking and Monitoring System - New form  Exit

PD | IVS | STGOS | CE | VTB | MH | AN/DP | PS | PPS | CDCR | **ISOL** | IC

Isolation

Isolation Request
 YES NO

Notes
Lorem ipsum

Treatment
 YES NO

Outcome of Isolation

Treatment un Site
Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat.

Medical Outcome of Isolation



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5.12 IC - Informed Consent

This section is conceived to inform the patient on his rights to release a consent on personal data treatment. It is structured in four languages and foresees the hand signature of the migrant.

The screenshot shows a web interface for the "Health Tracking and Monitoring System - New form". At the top, there is a blue header with the system name and an "Exit" button with a globe icon. Below the header is a navigation menu with tabs for PD, IVS, STGOS, CE, VTB, MH, AN/DP, PS, PPS, CDCR, ISOL, and IC (selected). A sub-header "Informed Consent" is visible. The main content area displays a form titled "Informed Consent" with the following text in French:

العرب

INFORMATION ET CONSENTEMENT AU
TRAITEMENT DES DONNEES SANITAIRES
CONFORMEMENT A LA DISPOSITION NATIONALE

*Les médecins sont priés d'acquiescer un consentement écrit des patients au
traitement de leur données personnelles.*

Je suis bien informé de la nécessité d'acquiescer mes données
sanitaires et je donne mon consentement à leur traitement

JE ACCEPT JE NE SUIS PAS D'ACCORD

Cancel

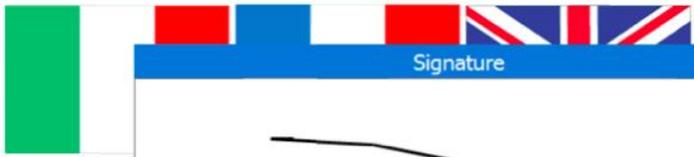


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Health Tracking and Monitoring System - New form  Exit

PD | IVS | STGOS | CE | VTB | MH | AN/DP | PS | PPS | CDCR | ISOL | **IC**

Informed Consent



Signature العربي



Save Delete Signature



The project "717317/CARE" has received funding from the European Union's Health Programme (2014-2020)

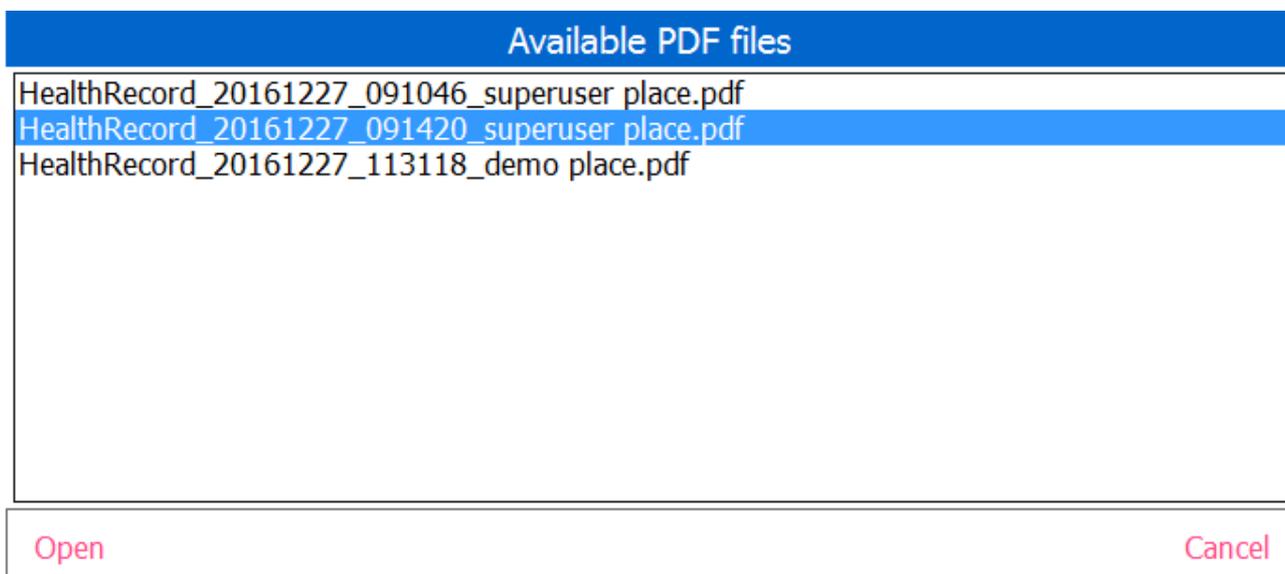
6 How to create a PDF file

When saving data, a .pdf file is created into the relevant folder, using the same name. When copying the health record into the USB device, all .pdf files are copied as well.

In case other folders of the same patient have been filled in, it appears in the screen, among the two arrows below, a button named **"PDF files available"**.



By clicking on it, a window opens displaying the list of historical .pdf files



In case of need of assistance, please do contact the following email address:
care@inmp.it



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 <p>Common Approach for REFugees and other migrants' health</p>	<p>HEALTH TRACKING AND MONITORING SYSTEM</p>	<p>Rev. 03</p>	<p>N°01 – 13/01/2017 Pag. 29</p>
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HEALTH TRACKING AND MONITORING SYSTEM

- System access information -

If you are a doctor curing a patient who has a CARE USB device, please go to: <http://care.inmp.it/care/index.php/registrazione> to open the registration form in order to receive, via email, the URL to get the HEALTH TRACKING AND MONITORING SYSTEM software¹ and the login information.

In case of any further information need, please visit the CARE website (<http://careformigrants.eu>) or contact us at care@inmp.it

¹ The software requires a Microsoft Windows OS and the .NET Framework, version 4.5

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