

# What we know about migrants' health

*Inform yourself before you judge*

Do migrants  
bring infectious diseases  
in our country?



Migrants are  
usually young and healthy.  
This is what the experts call the  
“healthy migrant effect”. Their chronic  
health problems usually arise years later  
from bad living conditions and limited  
access to health care.



**CARE**  
Common Approach for Refugees  
and other migrants' health



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